

Teaching Primary Care Trust

# Public Health Department Wandsworth

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**Wandsworth**  
Teaching Primary Care Trust



# Public Health

“Public health is the science and the art of **preventing disease**, prolonging life and **promoting health** through the organised efforts of society. Public health is concerned with improving the health of the population and ensuring that those who need treatment and care receive **high quality, accessible services**”

# Map of London



- Wandsworth, borough in the South West of London
- ~280.000 inhabitants

# Institution

- Preventing ill health
  - before it starts → primary prevention
  - at an early stage → secondary prevention
- Areas of prevention campaigns
  - smoking secession
  - **healthy eating**
  - physical activity
  - mental health
  - **sexual health**



# Food Mapping

- **Aim:**

Find correlation between poor access to healthy food, incidence of illnesses and poverty.

- **Methods:**

- Identify shops
- Survey availability and prices of healthy products
- Analyse data
- Create maps and display problem areas
- Send out information and promotion material

 **promote healthy nutrition**

# Termination Article

- **Aim:**  
Compare exposure to terminations between Austria and Great Britain
- **Methods:**
  - Visit termination clinics in London
  - Collect information about terminations in Austria

➔ **write an article for a journal**



# Chlamydia screening

- **Aim:**  
Screen 15% of 16 - 25 year olds in Wandsworth
- **Methods:**
  - offer free screening in pharmacies & local clinics
  - encourage to screen (offer incentives like winning a Nintendo wee)
  - screen vulnerable groups (prisoners, women who had an abortion)
  - sending out posters to pubs and clubs

➔ **promote sexual health**



# Events

## Staying healthy

- Free health checks for population (BMI, blood pressure, sugar & cholesterol, professional advice)
- Improve health and well-being
- Encourage to healthy lifestyle



## World aids day

- 1<sup>st</sup> of December
- Raise awareness
- Prevent the spread of HIV
- Teach school kids by offering educational games



# Feedback

- Positive

- insight into many prevention areas
- creative and independent work
- experiencing new culture and health care system
- warm and friendly welcome

- Negative

- lack of communication and information
- personal conflicts affected work
- “hot desking”

**Thank you for your attention!**

# Sources

- <http://www.wandsworth.nhs.uk/PublicHealth/default.asp>